

NEBOSH IGC Element 6 Reference Sources

Element IG6

Ergonomic Checkpoints: Practical and easy-to-implement solutions for improving safety, health and working conditions, second edition, ILO Geneva 2010, ISBN 978-92-2-122666-6

https://www.ilo.org/wcmsp5/groups/public/---dgreports/---dcomm/---publ/documents/publication/wcms_120133.pdf

Seating at Work, HSG57, HSE Books, ISBN: 978-0-7176-1231-4

<https://www.hse.gov.uk/pubns/priced/hsg57.pdf>

Upper Limb Disorders in the Workplace, HSG60 HSE Books, ISBN: 978-0-7176-1978-8

<https://www.hse.gov.uk/pubns/priced/hsg60.pdf>

Work with display screen equipment: Health and Safety (Display Screen Equipment) Regulations 1992 as amended by the Health and Safety (Miscellaneous Amendments) Regulations 2002: Guidance on Regulations, L26, HSE Books ISBN: 978-0-7176-2582-6

<https://www.hse.gov.uk/pubns/priced/l26.pdf>

Ergonomics and human factors at work, INDG90, HSE Books

<https://www.hse.gov.uk/pubns/indg90.pdf>